Buddhism SOWA

1. All that we are is the result of what we have thought: it is founded on our thoughts, it is made up of our thoughts.” (Dhammapada 1:1)
2. “When I was a child, I was delicately brought up, most delicately. A white sun shade was held over me day and night to protect me from cold, heat, dust, dirt, and dew. My father gave me three Lotus ponds: one where red Lotus is bloomed, one where white lotus bloomed, one where blue lotus bloomed.” (The Buddha)
3. “Birth is suffering, decay, sickness and death are suffering. To be separated from what you like suffering. To want something and not get it is suffering.” (The Buddha)
4. “What makes you noble is if you understand reality, you know if you’re a good person. If you’re a wise person then you’re noble.” (The Buddha)
5. “…and good it is to serve the monks.” (Dhammapada)