



Dear young carer,

Please find here our official statement on the Covid 19 situation:

“Centre 33 understand that Young Carers may be living in families that are potentially more vulnerable during this period. We would like to continue to offer our support, if you do not wish to access our groups or one to one sessions please email us at youngcarers@centre33.org.uk or via front line 0333 4141809 to request phone support in place of attending your regular session.”

If you are not in school, Frances will be available to contact you at the time she is normally in your school. This will be via phone or video chat.

If you would like to, please text Frances your name so that we have your most up-to-date contact details.

That way we can keep you updated on our young carers support over the next few weeks.



Text or WhatsApp your
name to Frances on
07498 312 768

Contact

youngcarers@centre33.org.uk or 0333 4141809 if
you need support

Advice for if someone is unwell

If you are concerned about someone being poorly, you should call the NHS helpline on 111 and they will be able to give you guidance on what to do.