


# Lunch Menu





This Menu is available on the following weeks, date commencing; 2<sup>nd</sup> September; 23<sup>rd</sup> September; 14<sup>th</sup> October; 11<sup>th</sup> November; 2<sup>nd</sup> December.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Veggie Quorn Meat Balls in a tasty Tomato and Herb Salsa	 Marinated Chicken pieces Or BBQ Pulled Sweet Potato Bap	Chefs Family Favourites. Look at our daily menu for today's choice	 Beef Madras or Vegan Cauliflower & Lentil Dhal Curry	
<b>Vegetarian Main Meal</b>	Broccoli and Quorn Stir fry with Black Bean Sauce & Noodles	served with side dishes including Wedges, rice & garlic bread	 Classic Macaroni Cheese with various toppings	served with rice, naan bread & a selection of side dishes	All the classics from a Chip Shop See today's menu for the dishes of the day
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta &amp; Jacket Bar</b>	Freshly Cooked Daily 50/50 Classic White & Wholemeal Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection;				
<b>Creature Comfort puddings</b>	Apple Cake & Custard	Syrup Sponge & Vanilla Sauce	Fruit Crumble with Custard	Chocolate & Beetroot Brownie	Fudge Tart

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

# Lunch Menu

This Menu is available on the following weeks, date commencing; 9<sup>th</sup> September; 30<sup>th</sup> September; 21<sup>st</sup> October; 18<sup>th</sup> November; 9<sup>th</sup> December.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Roasted Vegetable & Pesto Lasagne with Home Made Garlic bread		Traditional Roast Chicken served with stuffing & crispy roast potatoes		
<b>Vegetarian Main Meal</b>	Cajun Spiced Vegetable Burrito	Or Cheese & Potato Pie  Fresh Vegetables		Thai Green Chicken Curry Or Vegan Thai Sweet potato & Aubergine Curry  Served with coconut rice or noodles	All the classics from a Chip Shop See today's menu for the dishes of the day
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta &amp; Jacket Bar</b>	Freshly Cooked Daily 50/50 Classic White & Wholemeal Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection;				
<b>Creature Comfort puddings</b>	Ginger Sponge with Vanilla Sauce	Sticky Toffee Pudding	Blackberry & Apple Crumble with Custard	Orange Bread & Butter Pudding	Corn Flake Tart & Custard

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

# Lunch Menu

This Menu is available on the following weeks, date commencing 16<sup>th</sup> September; 7<sup>th</sup> October; 4<sup>th</sup> November; 25<sup>th</sup> November; 16<sup>th</sup> December.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Spicy Bean Burger with a Tomato Relish	 Chunky Beef Chilli Or Mexican Vegetables & Feta	Chefs Family Favourites. Look at our daily menu for today's choice	 Turkey Korma Or Vegan Mushroom & Red Pepper Rogan Josh	
<b>Vegetarian Main Meal</b>	Quorn Sausage & Mash Served with gravy	served with tomato rice, taco's, salsa, sour cream & nachos	 Classic Macaroni Cheese with various toppings	served with rice, naan bread & a selection of side dishes	All the classics from a Chip Shop See today's menu for the dishes of the day
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta &amp; Jacket Bar</b>	Freshly Cooked Daily 50/50 Classic White & Wholemeal Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection;				
<b>Creature Comfort puddings</b>	Lemon Drizzle Cake with Custard	Chocolate sponge & chocolate sauce	Rhubarb & Orange Crumble with Custard	Wholemeal Fair Trade Banana Cake & Vanilla sauce	Blueberry Muffin

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.